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Funded in Partnership with the Illinois Law Enforcement Training & Standards Board

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(Serving the Counties of Adams, Brown, Calhoun, Cass, Greene, Jersey, Macoupin, Morgan, Pike, Schuyler and Scott)

## GRACIE SURVIVAL TACTICS – LEVEL 1

**DATE:** October 3, 2024

**TIME:** 7:00 a.m. – 4:30 p.m.

**LOCATION: CLASSROOM PORTION – morning**

West Central IL Criminal Justice Council  
303 W. Exchange Street, Jerseyville, IL

**TRAINING PORTION – afternoon**

Strategic BJJ – Carrollton Studio  
306 5<sup>th</sup> Street, North Suite  
Carrollton, IL

**INSTRUCTOR:** Detective Aaron Nyman, Fairview Heights Police Department  
Criminal Investigations

**Non-Member Tuition: \$0.00**

**Meets IL Mandates: Constitutional Use of LE Authority (.50 hr.), Procedural Justice (.50 hr.), De-escalation Techniques (6 hrs./6 hrs. scenario-based training), Law Concerning stops, searches, and the use of force (.50 hr.)**

### COURSE DESCRIPTION:

This course is designed to instruct the students with defensive tactics techniques when dealing with multiple levels of resistance using Gracie Survival Tactics format. This program is designed to cover aspects of defensive tactics in a manner that has been created by Gracie University. These techniques have been developed through documented medical, legal, and tactical research. This course will focus on controlling resisting and combative subjects utilizing proven control techniques.

### **Student Performance Objectives:**

At the end of this unit, the trainee will be able to:

1. To examine survival learning research in an effort to enhance survivability in combat situations.
2. To learn ways to bring subjects safely to the ground.
3. To become proficient in controlling the subject from multiple positions on the ground.
4. To be able to handcuff subjects from a position of control
5. To explain and demonstrate effective methods of weapon retention.

### STUDENT MATERIAL:

- Copy of Agency-Use of Force Policy
- Athletic attire
  - Compression-style shirts or rash guards.
  - Tee shirts are acceptable but risk being torn.
  - Appropriate length shorts or pants are acceptable.
  - No shoe will be permitted during training.
  - Socks can be worn.
  - Fingernails and toenails shall be trimmed the day before training.
  - Female officers should have their hair pulled back.

**Non-Member Tuition:** **\$0.00\*\*** Non-member tuition shall apply to State/Federal agencies and Local Law Enforcement agencies which are not members of MTU #9. Tuition will be invoiced to departments upon course completion. If a pre-registered student from a Non-Member agency fails to attend training, and the agency fails to provide advance notice within 7 days of the start date of that class, the agency will be invoiced the entire amount of the student's tuition. [See Tuition Policy Here](#)

**No Shows/Cancellation Policy:** West Central IL Criminal Justice Council-MTU #9 has instituted a No Show/Cancellation fee of \$50.00 to be invoiced to member/non-member agencies who do not provide sufficient notice of cancellations seven (7) days before start of class. This Fee will be invoiced within a week of an officer's absence from a training course in which he/she was registered. If an agency is unable to provide advance notice of its intent to cancel course registration because of circumstances beyond its control, the Director will have the discretion to waive this payment. Any requests to waive No Show/Cancellation Fee the Director in writing. (View Full Policy [HERE](#))

**Cancellation:** If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contact at the email address given at registration, so please be sure to provide an email address which is checked often.

**To Register:** Follow this link to Register: <https://mtu9.org/page/3/register-now> If you experience problems or issues with registration, please email [register@mtu9.org](mailto:register@mtu9.org). ALL registrations must go through your Sheriff, Chief, or Training Officer.

**This course is certified and approved by the Illinois Law Enforcement Training & Standards Board**