

*West Central Illinois Criminal Justice Council
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Website: www.mtu9.org

Funded in Partnership with the Illinois Law Enforcement Training & Standards Board

(Serving the Counties of Adams, Brown, Calhoun, Cass, Greene, Jersey, Macoupin, Morgan, Pike, Schuyler and Scott)

ILETSB – INTRO TO CIT TRAINING – MENTAL HEALTH AWARENESS & RESPONSE

DATE: March 11, 2025

TIME: 8:30 a.m. - 4:30 p.m.

LOCATION: John Wood Community College
Southeast Education Center

39637 260th Avenue, Pittsfield, IL

INSTRUCTOR: Mark Benson, LCPC

Mr. Benson is currently the course coordinator for the Critical Incident Training (CIT) throughout the State of Illinois. Mr. Benson is also the Co-owner and clinician with Real Change Clinical Services in Bloomington, IL and is a Clinical Supervisor for Specialty Courts with McClean County Court Services.

Meets IL Mandates: Civil Rights (.50 hr.), Constitutional Use of LE Authority (.50 hr.), Crisis Intervention (2.50 hrs.) Human Rights (.50 hr.), Legal Updates (.50 hr.), Officer wellness/mental health (1 hr.), Procedural Justice (1 hr.), De-escalation Techniques (1 hr.), Officer safety techniques, including cover, concealment, and time (.50 hr.)

COURSE OVERVIEW:

Law enforcement officers have an important role to play in their interactions with community members. This means responding to incidents with individuals who have mental health issues, including diagnosed mental illness. This 8-hour course is meant to provide law enforcement officers with an awareness of mental health issues including a history of the mental health system, types of mental illness, signs and symptoms, common treatments and medications, and the potential interactions law enforcement may have on a regular basis with these individuals, their families, and service providers.

STUDENT PERFORMANCE OBJECTIVES

Recognize the history of the mental health system and its impact on law enforcement and the rest of the criminal justice system.

Define mental illness

- Differentiate myths and facts associated with mental illness, including common misperceptions
- Examine the stigma associated with mental illness

Identify common forms of mental illness likely to be encountered including symptoms and behaviors of each

- Recognize the implications of co-occurring disorders (i.e., substance abuse and mental illness) on police encounters.
- Examine the components of a crisis
- Discuss the prevalence of suicide, risk assessment, and response

Differentiate treatment modalities for mental illness

- Recognize treatment options that assist individuals to live independently
- Demonstrate understanding of different types of medications.

Increase awareness of appropriate law enforcement interaction with individuals who have mental illness

- Critical Decision-Making Model Introduction
- Tactical Communications Overview
- Operational Safety Tactics Overview

MAXIMUM 25 STUDENTS

Non-Member Tuition: \$0.00

Non-member tuition shall apply to State/Federal agencies and Local Law Enforcement agencies which are not members of MTU #9. Tuition will be invoiced to departments upon course completion. If a pre-registered student from a Non-Member agency fails to attend training, and the agency fails to provide advance notice within 7 days of the start date of that class, the agency will be invoiced the entire amount of the student's tuition. [See Tuition Policy Here](#)

No Shows/Cancellation Policy

West Central IL Criminal Justice Council-MTU #9 has instituted a No Show/Cancellation fee of **\$50.00** to be invoiced to member/non-member agencies who do not provide sufficient notice of cancellations seven (7) days before start of class. This Fee will be invoiced within a week of an officer's absence from a training course in which he/she was registered. If an agency is unable to provide advance notice of its intent to cancel course registration because of circumstances beyond its control, the Director will have the discretion to waive this payment. Any requests to waive No Show/Cancellation Fee must be made to the Director in writing. (View Full Policy [HERE](#))

To Register: Follow this link to Register: <https://mtu9.org/page/3/register-now> If you experience problems or issues with registration, please email register@mtu9.org. ALL registrations must go through your Sheriff, Chief, or Training Officer.

This Course is certified by the Illinois Law Enforcement Training & Standards Board