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Funded in Partnership with the Illinois Law Enforcement Training & Standards Board

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(Serving the Counties of Adams, Brown, Calhoun, Cass, Greene, Jersey, Macoupin, Morgan, Pike, Schuyler, and Scott)

PRIMAL LEADERSHIP: LEARNING TO LEAD WITH EMOTIONAL INTELLIGENCE

DATE: June 30, 2025

TIME: 8:30 a.m. – 4:30 p.m.

LOCATION: John Wood Community College – Room D022
1301 S. 48th Street, Quincy, IL

INSTRUCTOR: Jan Mirikitani, MBBW. LLC

**Meets IL Mandates: Officer Wellness and
Mental Health .50 hr., Procedural Justice 1
hr.**

We will email the handouts to each officer.

Based on the New York Times best seller, Daniel Goleman addresses the resounding need for leaders & employees to embody Emotional Intelligence (EQ) skills. This class discusses the four EQ cores, that when practiced with diligent commitment, move, motivate, & lead at every level of your agency. Never before has the need been greater from the inside-out to support & sustain Officer and civilian morale.

The instructor will clarify & discuss with class participation:

1. The cores of Emotional Intelligence:
Self-Awareness, Self-Management, Social Awareness, Relationship Management.
2. How honing/self-managing each core impacts a Supervisor's/Commander's ability to lead & develop their subordinates.
3. Recognizing & managing manipulative behaviors in self & others that erode internal healthy professional relationships that negatively impact Officers with the public.
4. EQ skills leaders need to build & sustain subordinate morale in these difficult times to constructively debrief towards increasing public human civility & professionalism.
5. Assessing Police past public practices towards building best/present practices to invest in & increase community trust in the Police.

Supervisors & Commanders will do group work to discuss common scenarios & conflicts & how to use EQ skills to invest in Officer development.

Non-Member Tuition: **\$0.00**** Non-member tuition shall apply to State/Federal agencies and Local Law Enforcement agencies which are not members of MTU #9. Tuition will be invoiced to departments upon course completion. If a pre-registered student from a Non-Member agency fails to attend training, and the agency fails to provide advance notice within 7 days of the start date of that class, the agency will be invoiced the entire amount of the student's tuition. [See Tuition Policy Here](#)

No Shows/Cancellation Policy: West Central IL Criminal Justice Council-MTU #9 has instituted a No Show/Cancellation fee of \$50.00 to be invoiced to member/non-member agencies who do not provide sufficient notice of cancellations seven (7) days before start of class. This Fee will be invoiced within a week of an officer's absence from a training course in which he/she was registered. If an agency is unable to provide advance notice of its intent to cancel course registration because of circumstances beyond its control, the Director will have the discretion to waive this payment. Any requests to waive No Show/Cancellation Fee must be submitted to the Director in writing. (View Full Policy [HERE](#))

To Register: Follow this link to Register: <https://mtu9.org/page/3/register-now> If you experience problems or issues with registration, please email register@mtu9.org. ALL registrations must go through your Sheriff, Chief, or Training Officer.

This course is certified and approved by the Illinois Law Enforcement Training & Standards Board