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Funded in Partnership with the Illinois Law Enforcement Training & Standards Board

(Serving the Counties of Adams, Brown, Calhoun, Cass, Greene, Jersey, Macoupin, Morgan, Pike, Schuyler, and Scott)

ILETSB - CRISIS INTERVENTION TEAM TRAINING – BASIC CIT 40 HOURS

DATE: April 20 – 24, 2026

TIME: 8:00 a.m. - 5:00 p.m.

LOCATION: Jacksonville Regional Training Facility
940 Hoagland Road, Jacksonville, IL

INSTRUCTOR: Mark Benson – NSE Solutions LLC
and various CIT Certified Instructors

MUST BRING LAPTOP

Meets IL Mandates: Civil Rights (.50 hr.), Constitutional Use of LE Authority (.50 hr.), Crisis Intervention (12 hrs.), Human Rights (7 hrs.), Legal Updates (2 hrs.), Officer Wellness/Mental Health (2 hrs.), Procedural Justice (4 hrs.), De-Escalation Techniques (8 hrs./ 4 hrs. Scenario-based training), Officer Safety Techniques, including cover, concealment, and time (4 hrs./3 hrs. scenario-based training), Crisis Intervention Team Training (40 hrs.)

Since 2003, the Illinois Law Enforcement Training and Standards Board (ILETSB) has provided state-certified Crisis Intervention Team (CIT) training to law enforcement officers throughout Illinois. Participants of this one week (40-hour block) of instruction receive intensive training on recognizing and addressing individuals in the community who have a mental illness or other behavioral disability. ILETSB trained officers are trained as resource specialists who can provide an immediate and effective response to calls involving a mental health crisis. The course, taught by a cadre of instructors, includes (but is not limited to) the following topics:

- Mental Illness Signs and Symptoms
- Child and Adolescent Issues
- Geriatric Issues
- Co-Occurring Disorders – Substance Abuse
- Verbal De-Escalation and Tactical Response
- Returning Veterans and PTSD
- Risk Assessment and Crisis Intervention Skills
- Law Enforcement Response and Legal Issues
- Medical Conditions and Psychotropic Medications
- Autism and Intellectual and Psychotropic Medications
- Community Resources

The five-day course includes presentations by behavioral health specialists, experienced field officers, and representatives from regional service providers. While the course addresses statewide standards, it remains flexible to address locally identified issues of concern.

After an initial presentation, the officers receive valuable exercises that simulate some of the hallucinations that many individuals with mental illness may experience. While listening to a series of recorded voices, officers rotate through workstations where they are asked to perform cognitive tasks – allowing them to gain insight into what an individual who is subject to such a barrier experience.

Later in the week, each officer will also have a unique opportunity to participate in discussions with individuals who have a mental illness and or their family members. These firsthand accounts of living with mental challenges provide insight for an officer outside of the typical field encounter and allow each officer to better understand the nuances of specific disorders.

Finally, officers are given opportunities to exercise their skills in realistic scenarios portrayed by professional actors which may include suicide interventions, de-escalating a potentially violent situation, responding to a call involving an individual experiencing paranoia or a person interacting with a peer in a manic episode behaving in an inappropriate manner. All scenarios are facilitated by and evaluated by trained CIT officers. To date, the ILETSB has certified over 8,125 officers statewide, from more than 560 agencies in this specialized program.

Non-Member Tuition: **\$0.00**** Non-member tuition shall apply to State/Federal agencies and Local Law Enforcement agencies which are not members of MTU #9. Tuition will be invoiced to departments upon course completion. If a pre-registered student from a Non-Member agency fails to attend training, and the agency fails to provide advance notice within 7 days of the start date of that class, the agency will be invoiced the entire amount of the student's tuition. [See Tuition Policy Here](#)

No Shows/Cancellation Policy: West Central IL Criminal Justice Council-MTU #9 has instituted a No Show/Cancellation fee of \$50.00 to be invoiced to member/non-member agencies who do not provide sufficient notice of cancellations seven (7) days before start of class. This Fee will be invoiced within a week of an officer's absence from a training course in which he/she was registered. If an agency is unable to provide advance notice of its intent to cancel course registration because of circumstances beyond its control, the Director will have the discretion to waive this payment. Any requests to waive No Show/Cancellation Fee the Director in writing. (View Full Policy [HERE](#))

To Register: Follow this link to Register: [register@mtu9.org](#). issues with registration, please email register@mtu9.org. ALL registrations must go through your Sheriff, Chief, or Training Officer.

This course is certified and approved by the Illinois Law Enforcement Training & Standards Board